# Evening World Daily Magazine

### The Pauline Furlong Women's National Army For Health

moregan, 1915, for the Price Participy Co., of the New York Strong Wood DAILY DRILL No. 18-For the Business Woman Who Would Succeed.

AILURE to mental work in unually due to facture in physical health, and readers -

. Are not excisited with the progress they are making - burthesa must look to bestering their physical constatement while to be

is well appeared, has elest glome hale, bright eyes, alert

cheerful smile and other giar-

bustantin in every undertaking. asset I could not begin to accomsh the many tasks which come behis each day. Personally I know



Answers to Health

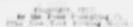
and Beauty Questions clear the body and brain. QUININE HAIR TONIC-M. T. cohet (pure), eight ounces; quinine, thirty grains; sweet oil, one ounce on with torpid liver, sallow skin, the fingers, in circles. Try to en the scalp from the hair. Brush should practise some body bending e hair with a stiff brush each night and twisting exercises before breakat least fifty strokes

SEVERE THIRST-MRS. PRANK d.: Indigestion may cause this severe hirst after each meal. If you feel so full and stuffy after eating, why not try eating less, or shipping a neal occasionally? This will relieve ne heavy feeling

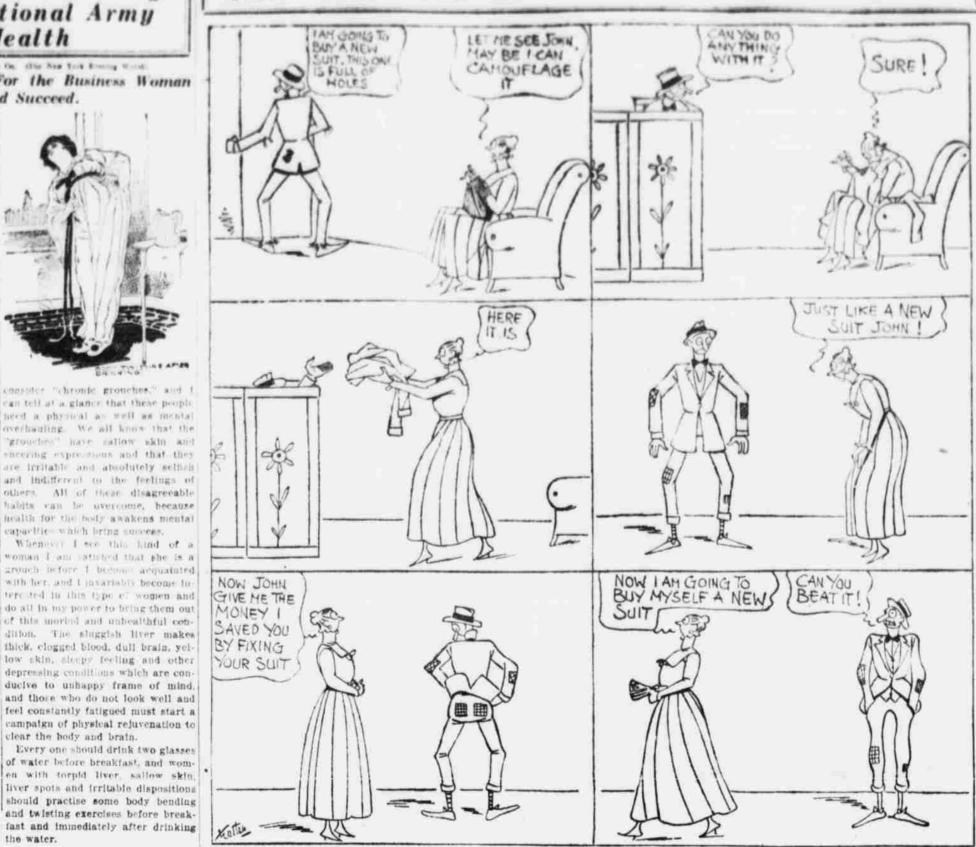
URIC ACID-MRS. K. L. M.: Bath ig is most essential to overcome ex-ses of uric seid, because the skin lays the most important part in minating poisons from the system seep breathing and out-door exer-nes are also essential. According to est authorities, the following diet is eneticial: Fresh ripe r, also fish and shell fish may ten and all dark breads. Av attermilk and milk may be taken been

OLUTEN BREAD-MRS WALTER S. The following recipe for glu-en bread is given by A. Frances ics: Ital' cake yeast, 2 cups warm water, 3 1-2 cups gum where measures in the control of the

## Can You Beat It!



By Maurice Ketten



### Original Fashion Designs For The Evening World's Home Dressmakers

By Mildred Lodewick

A Swagger Frock for Practical Wear.

PRACTURAL from to meet the needs of the precious woman of the who is increasing formelf to any of the various places of work is the one I am allowing berewith. A awagger air is

except as the timb in flung book, and Ital Persona confine which extends or new as the points on the front of the nelt to another nateworthy details of Ante frank. There in a with earlety of multiplie: modertale. for its development, including seems and the softs fatiries; sum as seloury de lutes and dovoten. The sortacles braid for eriopotog 1 s excoedingly amart and especially good for a frock of this character. Dark blue is a standby color and may be used here with black braid trimming and a belt of either tan leather or red suede, An effect quite out of the ordinary could he gained with purple braid on the dark blue serve and a purple suede

The revers collar may be of either the dress fabric, satta or allk, and they may either match in color the dress fabric or the

braid. Another attractive expression neutral color. This design should all of this design would be in the use of peal to the business girl who apprecitan material for the frock, with revers ates the combination of practicality, of the same, and braid a shade darker style and becomingness. in tone for trimming, with dark brown leather belt buckling in back to complete the waistline. Odd belts of contrasting color may be worn for variety's sake with a freck of such ;



THIS SMART DESIGN CAN BE EASILY COPIED BY FOLLOWING DIRECTIONS.

Dura

Answers to Queries. Evening World





cuffs. Would not MISS D.

either in blue and red, lavender and blue or gray and blue, would be effective for collar and cuffs and skirt

## THE TERRORISTS

can tell at a glance that these people

capacities which living somean.

Whenever I see this hind of

with her, and I invariably become in

EAR to Nevsky stood a medium-sized, well-built man, whose motions betrayed a certain training in athletics and agrees which does not ordinarily.

Who is this Professor Novikoft? minutes before we were threading our Notan, called a way out through the city on the other not take any change side to the marshes and meadows fust yet. Besides, where factories and workshops were soon. Notan fell back.

Who is this Professor Novikoft? minutes before we were threading our Notan, called a way out through the city on the other not take any change side to the marshes and meadows fust yet. Besides, where factories and workshops were soon. Notan fell back.

CHAPT.

CHAPT. add to the ingredients. Mix to a dough and knead thoroughly, a grace which does not ordinarily I add to the ingredients. Mix to a grace which does not ordinarily "No," confessed Kennedy, whose a view to being made the nucleus of more given if necessary to accompany it. He was a dark man, knowledge of though the atrical was a larger plant some time. In a corner of the works, at the end spe into a loaf and place in a but
seemed to have in them more of the down.

By Arthur B. Reeve

### CHAPTER VI. yourself?" I asked.

\*\*\* ARCH PLOTTER AND SUPER-DETECTIVE MATCH WITS IN THIS AMAZING MYSTERY

\*\*Follow Craig Kennedy on His Best Case\*\*

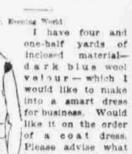
\*\*Follow Craig Kennedy on His Best Cas

"I have every reason to believe that had happened, I felt our powerless-it is," remarked Kennedy.
"Say, men," called Gardner, "I think force of destruction.

11-2 yards of blue serge that matches it perfectly. Would



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into a smart dress like it on the order of a coat dress. Please advise what to use for collar and

A checked velour.

want white. I am thirty-one years old. five feet six inches tall, weigh 134 pounds, well proportioned. I have dark hair and eyes, good skin and color.